



DF001-VST600-FW82



Serve a wide range of strength training needs focused on major upper-body muscle groups with our ultra-durable, six-position adjustable weight bench. It's easy to adjust, easy to transport and provides excellent stability for beginners and seasoned lifters alike. It's also built for the toughest environments, so you can be sure that it will look good and stay in use for years to come.

- Ideal for strength training in multi-family complexes, hotels, corporate buildings and municipal facilities that serve people with a wide range of ability levels
- Backrest easily adjusts to six secure positions for a range of exercises
- Wide back pad provides excellent stability during heavy lifts
- Heavy-duty construction and two-layer powder-coat finish provide lasting durability
- Molded guards protect against wear and scratches in busy environments
- Integrated wheels offer easy transport and storage

ADJUSTABLE WEIGHT BENCH	
TECH SPECS	
Backrest Adjustment Range	6 positions, 0-75 degrees
User Height Range	140-220 cm / 4'7"-7'3"
Product Weight	42 kg / 92.6 lbs.
Overall Dimensions (L x W x H)	135 x 70 x 51 cm / 53" x 27.5" x 20"